

**Thank you for your interest in Arcata Recreation's summer camp program.**

*We have been working hard to adapt our program to meet Humboldt County and State of California requirements to be as safe as possible in the current COVID-19 pandemic. At the same time, we are striving to provide our community's children with the fun and engaging summer they all need. We ask that you read through the following procedures and guidelines carefully so that you are aware of the expectations set for both staff and families as we work together to keep our community healthy.*

**Drop Off/Pick Up**

To limit community contact camp drop-off and pick-up times will be staggered.

- During registration you are asked a preferred drop-off and pick-up time. Once determined staff will notify you of your designated time. To limit community contact and for everyone's health and safety please be courteous, timely and also allow for patience as we all negotiate the drop-off and pick-up transitions.
- Parents/guardians are asked to please remain in your car. Once you arrive onsite call the number provided for your specific camp.
- Over the phone staff will ask and record answers to your child's health screening questions at drop-off each day.
- Once your child passes the health screening questions you can release them into our care. They can come out of the car and approach the facility where staff will meet them at the door. For those camps that do not have parking areas visible for the facility including Marsh Camp and Dance camp, staff will direct you to walk your child to the designated drop-off threshold. Please refrain from entering the facility.
- Staff will take and record each child's temperature with a no touch thermometer. If their temperature is 100.4° or higher they will not be allowed to enter the facility or attend camp.
- Staff will sign children in/out on the roster (If you utilize Changing Tides, we will arrange a time for you to sign your Attendance Form. You do not need to indicate time in and out each day).
- Children will wash their hands first thing when entering the building.
- At pick-up again please call in when you arrive onsite. Staff will help the children gather their belongings and see that they meet you safely at the car. For those camps out of site of the parking area including Marsh Camp, and Dance Camp after calling in staff will direct you to meet your child at the designated drop-off/pick-up site.
- If for any reason you need to pick-up or drop-off your child at a different time (such as a flat tire or apt., etc.) please provide staff with as much advanced notice as possible and then follow the same call in procedure.
- For those attending full day camps, our staff will facilitate the transfer of campers from their morning to afternoon camp at 1:00 each day. Just remember your afternoon pick-up site and call information will be different from that at morning drop-off.

**Absence**

If your child will be absent from camp please call the Recreation office at 822-7091 to report your absence. We will be tracking absences closely.

### **Should my child stay home?**

If your child or someone within your household has cold/flu like symptoms, you are encouraged to keep your child home until they are fever or symptom free without medications for at least 72 hours.

### **What to Bring/What to Leave at Home**

Please Bring -

- Lunch (Please make sure your child(ren) can open everything themselves)
- Morning/Afternoon Snacks
- Water bottle (drinking fountains are closed. However, most sites have a water bottle filling station)
- Face covering (ideally also an extra, in case it gets dirty, breaks, etc.)
- Wear comfortable clothes and closed toe shoes (keep in mind we will have arts & crafts projects that might get on your child's clothes)
- Jacket/Sweater/Hat (weather dependent layers)
- Please apply sunblock at home

Please DO NOT Bring -

In an effort to limit exposure to potentially contaminated items we ask that campers leave all toys, sports equipment, electronics, games, books, etc at home.

**Virus Prevention Steps:** In addition to those measures already discussed, the following prevention measures have been put into place.

- Daily Health screening of both youth and staff upon arrival.
- Temperature taken before entry, if over 100.4° staff or youth is to sent home and encouraged to contact their primary care provider. Staff will keep a record of temps taken each day.
- Families and staff are asked at drop-off if they or anyone in their household has had a fever in the last 24 hours. Had a cough or shortness of breath in the last 24 hours. Been in contact with anyone who has tested positive for the novel Coronavirus within the last 14 days or is currently awaiting test results in the last 14 days. Have you traveled out of the area within the last 14 days? Staff and youth cannot attend the program if any of the above questions are answered with a yes.
- We will help educate campers about effective hand washing techniques. Both youth and staff will wash hands upon arrival and will wash thoroughly before and after eating meals or snacks as well as any other time when they may have come in contact with a shared piece of equipment such as a ball.
- Facial coverings will be worn by staff, L.I.T.s, and campers except while eating and, for children 12 and under, during outdoor activities with 6' distancing.
- Camp activities will encourage social distancing, keeping children 6 feet away from each other, if possible.
- While inside campers will have assigned seating spaced 6 feet apart.
- Incorporate as much outside time as possible.
- Ratios will be 1:10. Campers will remain in the same group of 10 and each group will have a consistent morning director and afternoon director for the entire week.

We highly encourage you to enroll your camper for the same camp at least two weeks in a row

- to reduce exposure to new groups of individuals. We have restructured our age groups to allow you to do so. For ex: Dance camp is offered two weeks in a row for campers age 8-11 and so on.

- When possible campers will be assigned their own arts supplies such as scissors, crayons, pencils, etc. to limit sharing of materials.
- Hard to clean items such as stuffies will not be used.
- Games, sports equipment, and other supplies will be cleaned and sanitized between uses.
- In areas such as Redwood Park where multiple camps will take place, when one group leaves an area or plays with games, sports equipment, or other supplies, they must be cleaned/sanitized before another group comes to the area or plays with the toy/equipment.
- Disinfecting all hard surfaces at least daily, paying special attention to high use items such as doorknobs, light switches, telephones, countertops, and tables as well as equipment and supplies.
- Hand washing stations and hand sanitizer and facial tissue will be available at all camp locations.

### **First Aid/CPR**

- All staff are trained in First Aid and CPR
- During this time, we will be talking each child through administering their own non-emergency first aid as needed for example:
  - Minor cuts/scrapes: Child will be given instructions on cleaning the wound and applying the bandage(s) to themselves
  - Nose Bleeds: Child will be handed tissues, from a gloved staff and talked through applying them and keeping pressure
  - Bumps/bruises: Child will hold their own ice pack on injured area

### **If a child becomes sick while at camp**

Each camp location has a designated isolation area where a sick camper will be kept comfortable while maintaining distance from other campers until they can be picked-up. If your child becomes sick while in our care you must have someone who is able to pick them up immediately after being contacted.

### **If a Positive Coronavirus Case is found in the Program**

If you receive notification that your child, someone in your household or someone you have been in contact with has tested positive for Coronavirus: Immediately contact the Recreation Division. It is crucial that your child does not return to camp.

- The Recreation Supervisor will notify, Human Resources and Department of Health.
- We will work with the Department of Public Health to determine if camp needs to be closed, all facilities will need to be deep cleaned and sanitized before reopening.
- The Recreation Supervisor will then communicate next steps to all families.
- Similar steps will be taken if a staff member or someone they have been in contact with tests positive.

**Humboldt County Health Department (707) 445-6200**

**Humboldt County Health Clinic (707) 445-6201**

**City of Arcata Recreation Office (707) 822-7091**